

Vitamin Cases Consumer Settlement Fund Summary of Grant Application

**Applicant: Eastside College Preparatory School
East Palo Alto, California**

Founded in 1996, Eastside College Preparatory School (Eastside) is a nonprofit school serving low income students from East Palo Alto and east Menlo Park. Eastside is located in East Palo Alto growing from eight students to 170 students from 6th through 12th grades. Eastside's students are 47% Latino, 43% African American, 7% Pacific Islander, 3% East Indian. Eastside provides a full scholarship to every student it admits. The school has an extended school day from 8:00 AM to 5:00 PM.

The school's mission is to enroll every Eastside graduate in a four-year college or university. Eastside states that four classes of seniors have now graduated and all graduates have been accepted to four-year colleges.¹ Seven of the eight graduates from its first graduating class (the class of 1999) are on track to graduate from college this year; the eighth is on track to graduate next year.

Because of the growth in Eastside's student body, the current campus is stretched to capacity. This year, the school brought in two temporary modular buildings to accommodate additional students. For the past two academic years, Eastside has turned away more than 50% of the applications because of lack of space.

To accommodate more students, the school acquired approximately five acres of land adjacent to its existing 1.6 acre campus. In June 2003, Eastside began construction on Phase 1 of a two-phase construction program. Phase 1 consists of 22 classrooms, an arts center, and athletic field.

Eastside has begun fundraising for Phase 2, which involves construction of a student services and administration building, a residence hall for students who do not have a safe, supportive environment, and a student dining hall. Ultimately, the school will be able to accommodate up to 280 students.

Funding Request

Eastside requests a grant of \$500,000 to equip and furnish a new dining hall and kitchen. During the first few years, Eastside requested that student bring their own lunch and snacks. The school found that many students were not doing so resulting in fatigue and inability to concentrate. Because many students live in disruptive or disadvantaged home environments, beginning in 2001, Eastside began providing breakfast and lunch to

¹ These include Stanford University, Santa Clara University, Princeton University, Emory University, Tufts University, U.C. Berkeley, Columbia University, Smith College and Harvard University.

students. Currently 100% of the students receive these meals. The school does not have a dining room or kitchen so the meals are purchased from outside vendors.²

Eastside states that a dining hall would promote the health and nutrition of its students, ensuring that they have two to three balanced meals a day to sustain them through their academic and extracurricular activities.³ The dining hall would also allow for more nutritious meals because the school would no longer be dependent on offerings by third party vendors. The dining room would also be used to support Eastside's nutrition education activities. (The school conducts a 12-week nutrition education program for 7th and 8th graders covering basic nutrition, how to read food labels, human digestion and eating disorders.) The dining room will also serve as the school's only communal study place. Between meals, the dining area will be converted into a student work place where students can do homework and seek additional help from faculty and tutors.

At this time, Eastside's budget for the dining hall and kitchen is \$1.4 million of which \$750,000 is for construction costs, \$150,000 in architectural, consulting and permitting costs and approximately \$500,000 in equipment costs. (Eastside has consulted with a food equipment specialist and has developed a preliminary list and budget for the equipment needed.) The school states that a grant would also help it to raise additional funds for its Phase 2 capital campaign. It estimates that construction would begin within the next 12 months and completed 12 months thereafter.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statements for Fiscal Year Ending August 31, 2003.

Site Visit: Conducted on January 23, 2004

² Because Eastside does not have kitchen facilities, it is not eligible to receive funds under the Federal School Lunch Program.

³ At our site visit, Eastside's principal said that when Phase 2 is completed, the school will have dormitory facilities to house a limited number of students on an as-needed basis. Currently, if there is a crisis in a student's home life, individual faculty members will take in the student until the crisis is over or some other living arrangement is worked out. This can be week or even months. The kitchen and dining facility would allow the school to provide dinner for students living in the dorm facilities.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Friends in Service Here (FISH) of Santa Rosa
Santa Rosa, California**

Established in 1973, Friends in Service Here of Santa Rosa (FSR) is a nonprofit organization that provides groceries to individuals and families in need in and around the City of Santa Rosa. FSR is an entirely volunteer organization that serves over 50,000 persons and distributes over 450,000 pounds of food a year. The organization's building and utilities are provided at no cost by the City of Santa Rosa. Volunteers provide all management and staffing and FSR's Board provides all office supplies and postage.

Funding Request

FSR requests a grant of \$50,000 for one year. The funds would be used to purchase food for its program which would be distributed free of charge to individuals and families in need. A \$50,000 grant would cover FSR's direct food costs for about one year.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Form 990 for Fiscal Year Ending December 31, 2002.

Site Visit: Conducted on March 3, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

Applicant: **Friends in Sonoma Helping
Sonoma, California**

Established in 1971, Friends in Sonoma Helping (FISH) is a non-profit organization that provides groceries, donated clothing, bus fare or small quantity of gasoline or propane to individuals in need in and around the City of Sonoma. FISH also provides private car rides to seniors and persons with disabilities to local and countywide medical or social service appointments. The organization also donates handmade infant layettes for newborns for needy families, distributes surplus food, Christmas basket and toys, provides to clients a month's rent or move-in deposit, pays utility bills to maintain service and pay for prescriptions or textbooks when needed. Many of FISH's clients are elderly, disabled and/or unemployed.

With about 175 volunteers, FISH is an entirely volunteer organization. FISH does not charge for any of its services.

Funding Request

FISH requests a grant of \$50,000 for one year. The funds would be used to purchase food for its program. The organization states that additional funds will enable it to buy higher quality foods with increased nutritional value such as breakfast foods, baby foods and nutritional supplements for seniors. A \$50,000 grant would cover the cost of food purchases for approximately one year.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Year Ended December 31, 2003.

Site Visit: Conducted on March 4, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Food For Thought
Forestville, California**

Established in 1988, Food for Thought (FFT) is a nonprofit organization that provides food and nutritional services to individuals with HIV/AIDS in Sonoma County. Sonoma County has the highest rate of HIV/AIDS of any rural/suburban county in the nation and the fifth highest rate of any county in California.

Through its food bank in Western Sonoma County and weekly deliveries of grocery bags countywide, FFT provides grocery items, fresh produce (often organic and local), household necessities such as soap, toilet paper, vitamins, minerals, high calorie nutritional supplements, frozen meals, home delivery and nutritional counseling to 450 clients with HIV/AIDS. Almost all of FFT's clients have incomes of less than \$1,000 per month; many have incomes of less than \$800 per month. All services are provided free of charge.

Funding Request

FFT requests a grant of \$50,000 for one year to help cover the cost of food for its food bank operations. FFT purchases approximately \$150,000 of food for its food bank program a year.¹ Based on this figure, a \$50,000 grant would cover FFT's cost for purchasing food for about four months.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Fiscal Year Ended December 31, 2002.

Site Visit: Conducted on January 30, 2004.

¹ Many food banks serving non-HIV/AIDS clients distribute food that is donated because it is past its expiration date. Because of the compromised immunity of its clients, FFT and other food banks serving individuals with HIV/AIDS do not utilize this type of product and purchase more food through commercial sources.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Foundation for Taxpayer and Consumer Rights
 Santa Monica, California**

Established in 1985, the Foundation for Taxpayer and Consumer Rights (FTCR) is a nonprofit organization with an in-house team of public interest lawyers, policy experts, strategists, public educators, and grassroots activists to advance and protect the interests of consumers and taxpayers. Currently, FTCR has projects that focus on health care, energy, corporate responsibility, and insurance.

FTCR's California Health Consensus Project (Project) seeks to increase access to health care by developing consensus among stakeholders on universal health care models and focusing the media and opinion leaders on potential solutions that eliminate inefficiencies and systems-wide waste that reduces access to health care. In 2002 and 2003, the Project's core group, the California Nurses Association, California Medical Association, Catholic Healthcare West and FTCR organized six broadcast town hall events across the state, including a statewide forum on PBS's *California Connected*. The town halls brought together: patients, business owners, physicians, nurses, hospital administrators, clinic operators and health insurance executives who must navigate the health care systems on a daily basis.

Funding Request

FTCR requests a grant of \$200,000 over two years. FTCR states that the funds will be used to pay for staff, supplies and other expenses to carry out the Project. FTCR states that the California Health Consensus Project will be a high priority requiring a substantial amount of effort and resources from the organization. Over the next two years, the Project's objectives include: conducting additional town hall events, appearing on television and talk radio programs, holding press conferences and issuing press releases, publishing opinion page commentaries and attending editorial board meetings. In addition, the Project will continue to refine the consensus model universal health care law, which was released in a 150-page report this March.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Form 990 for Year Ended December 31, 2002.

Site Visit: Conducted on January 30, 2004.

Vitamin Cases Consumer Settlement Fund Summary of Grant Application

**Applicant: Fresno Metropolitan Ministry
Fresno, California**

Established in 1970, Fresno Metropolitan Ministry (FMM) is an interfaith, ecumenical organization that promotes access to health care, adequate, food and nutrition, understanding and respectful human relationships in the Central Valley. FMM works closely with other grassroots organizations and community leaders to:

- Increase health care access for the unserved and underserved that is appropriate medically, geographically, culturally and linguistically and improve community health;
- Decrease hunger and malnutrition in the Central Valley;
- Support human services that strengthen families;
- Increase the role of immigrants and non-immigrants in community advocacy, empowerment and projects.

Much of FMM's work is done through two ongoing projects.

Local Health Care Coalition

Created in 1993 and administered by FMM, the Local Health Care Coalition is a coalition of community leaders representing a wide range of organizations. Much of the Coalition's work is conducted through monthly Community Health Care Roundtables, which provide an ongoing forum to identify, discuss and formulate potential solutions to health care access problems. This process has led to three Action Teams that (1) Developed the "Fresno Opportunities for Health Care" binder inventorying no-cost and low-cost health insurance programs and health care services, (2) Coordinated health care interpreter training sessions, and (3) Focused on local implementation of Proposition 36 that provides for treatment for first-time drug offenders.

In addition, the Coalition has played a leading role on a number of other issues at the local level including the adequacy of services provided by the regional medical center, expanding mental health services in Fresno County and funding and defining the duties for a county public health officer.

Community Hunger and Nutrition Forum

Started in 2000, the Community Hunger and Nutrition Forum is a monthly forum that seeks to increase collaboration on food and hunger issues. Participants include

consumers, community-based organizations, clergy, food policy advocates, providers of emergency food, school personnel, nutritionists, health care providers, children's advocates, governmental and social workers, agricultural representatives, representatives of ethnic groups, elected officials and local media reporters.

Among other things, the project has helped to increase the number of eligible families and children participating in the Food Stamp Program, school breakfast and lunch program and summer lunch programs. Currently, the forum is conducting a community-wide assessment to determine where Fresno residents obtain their food, what kind of food they get, whether individuals have difficulty accessing nutritious food, if so, precisely what barriers exist,

Funding Request

FMM requests a grant of \$500,000 over two years to continue its efforts in improving access to health care and improving nutrition in the Central Valley. Funding will allow it to expand its programs by: conducting additional outreach to low income consumers on health care and nutrition issues and support its advocacy efforts, periodically publishing in Spanish and English updated versions of FMM's inventory of health care services, insurance and community services and distributing them to low income consumers, conducting additional nutrition education activities, increasing the number of interpreters and its inventory of interpreter earphones so that large groups who speak different languages (e.g., Spanish, English, Hmong and Laotian) can hear and respond to others immediately and participate equally.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Form 990 for Fiscal Year Ended December 31, 2002.

Site Visit: Conducted on March 3, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Glide Foundation
 San Francisco, California**

Founded in 1929, the Glide Foundation (Glide) is a benevolent and religious organization to promote religion, charity and education in accordance with the doctrines of the United Methodist Church. Glide is located and provides a number of social services in the Tenderloin District of San Francisco. The Tenderloin is one of the most densely populated neighborhoods in the city, with a high crime rate, housing stock composed primarily of residential hotels, a high rate of homelessness and drug addiction. Glide provides a number of services for adults and children including health services, employment and training, housing, emergency shelter, childcare and after-school programs, addiction recovery, mental health and nutrition services.

Funding Requested

Glide requests a grant of \$200,000 to support its Free Meals Program. The Free Meals Program serves three meals a day, every day of the year to the poor, homeless and hungry. The program serves as many as 3,500 meals a day and more than 1 million meals per year. Glide serves over 6,500 meals a day on holidays (Thanksgiving, Christmas and Easter) and distributes over 10,000 bags of groceries during the holiday season.¹ A licensed nutritionist reviews the program's meals and certifies that they meet Recommended Dietary Allowances.

Glide also provides clients with information and helps about 200 clients a year apply for Food Stamps and WIC benefits. Glide states that many of its clients first come to the organization because of its Free Meals Program and avail themselves of the other services (health care, employment training, etc.) There is no eligibility requirement for the Free Meals Program.

A \$200,000 grant would cover the cost of 100,502 meals (based on Glide's cost of \$1.99 per meal which includes the cost of food, beverage, personnel, supplies and equipment.)

Type of Organization: 501(c)(3), Church.

Most Recent Financial Information Submitted: Financial Statement for Year Ended December 31, 2002.

Site Visit: Conducted on January 27, 2004.

¹ Glide keeps data on number of meals and grocery bags provided, not the number of people receiving the meals and groceries.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Homeless Care Force
Santa Clara, California**

Established in 1990, the Homeless Care Force (HCF) provides food, clothing and personal care/hygiene items to the homeless in Santa Clara County. With over 90 volunteers, HCF serves over 43,000 hot meals and distributes almost 3,000 clothing and personal care packages at a number of regular stops in the county. The food service program located in the kitchen of St. Martin's parish hall in Sunnyvale, provides and delivers hot meals to the needy at three locations in San Jose, three days a week. The clothing program operates from a rented warehouse space in Sunnyvale.

Funding Request

HCF requests \$119,800 to support its food and clothing program as follows:

- \$100,000 for salaries for its Executive Director (full time at \$47,861 per year), Food Services Manager (3/4 time), Personal Items & Clothing Manager (1/2 time), Transportation Assistant (1/2 time) and Outreach Coordinator (30% time).
- \$19,800 for rent for warehouse and office facility.

Funding the proposal will almost cover HCF's salaries and rent expenses for one-year.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Year Ending December 31, 2003.

Site Visit: Conducted on January 23, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Institute on Aging
 San Francisco, California**

Established in 1985, Institute on Aging (IOA) is a non-profit organization that provides health, social services, education and research programs for seniors in Northern California. IOA's mission is to enable older adults to maximize their independence and to prevent or postpone institutionalization.

IOA serves people 55 years and older. The average age of clients served is 75 years. Seventy-five percent of its clients are women and twenty-five percent are men. The ethnic breakdown is as follows: 58% Caucasian, 24% African American, 10% Asian and 8% Hispanic. IOA's programs include:

Irene Swindells Center for Adult Day Services (For Clients with Mild to Moderate Alzheimer Disease)

The Irene Swindells Center for Adult Day Services (Swindells) is a social day program for adults with mild to moderate dementia and no significant health needs. The program is designed to promote clients' physical health, mental stimulation and creativity. By providing the opportunity to socialize with others, Swindells also decreases the isolation that often accompanies people in this stage of dementia. The program provides transportation, a meal and a snack. Currently, Swindells serves 11 clients.

Alzheimer Day Center (Clients with Moderate to Severe Alzheimer Disease)

Alzheimer Day Center (ADC) serves adults with moderate to severe memory loss. The program focuses on structured and interactive activities designed to maximize the mental and physical abilities as well as health needs of clients. Support groups, education and respite are also provided to family members and caregivers. ADC provides services from 2 to 6 days a week depending on client's needs and includes meals and transportation.

In addition to ADC and Swindells, IOA operates the Ruth Ann Rosenberg Adult Day Health Center which provides physical, occupation and speech therapies, nursing and social services, therapeutic recreational activities and some personal care for seniors with major health problems. IOA also provides case management services to enable frail seniors and physically disabled adults to live in their homes as long as possible. Several programs provide in-home assessments, consultation services, nursing and home health services in the San Francisco Bay Area. The organization also operates a suicide prevention line for seniors, conducts community education programs to help seniors maintain their independence and operates the Institute on Aging Research Center which conducts clinical trials for people suffering from geriatric related diseases such as Alzheimer's and Parkinson's disease.

Funding Request

IOA requests a grant of \$68,016 to help pay for the cost of providing meals and snacks to clients who are served by its ADC and Swindells centers during fiscal year 2004-2005. The requested amount would pay for 13,602 meals at a cost of \$5 per meal. This would provide one meal per day for 54 clients at ADC and Swindells for about one year. IOA states that if grant funds are awarded, it will apply them toward the nutrition-related costs allowing the Institute to allocate more funds from grants and fees to recreational, health and therapeutic services offered to clients at the centers.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Fiscal Year Ending June 30, 2003.

Site Visit: Conducted on January 14, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Italian American Community Services Agency
San Francisco, California**

Italian American Community Services Agency is a non-profit organization that provides information, referral, financial assistance, individual care coordination, translation and interpretation assistance, social events and cultural activities services for Italians and Italian-Americans. The organization was founded in 1916 (then known as the Italian Welfare Agency) for the purpose of providing health and welfare services to the Italian-American community living in the greater San Francisco Bay Area.

Currently, IACSA works with 129 long-term clients. The average age is 78 years old. Thirty-eight percent speak only Italian, 63 percent are women, 37 percent are men. Two-thirds are living alone. Ninety percent of the clients live in the City and County of San Francisco (about one-third in North Beach). Twenty-four percent are receiving Supplementary Security Income (SSI) benefits. The number of long-term clients is relatively stable from year to year.

The organization provides clients with the following types of assistance as needed: once or twice monthly food delivery, housing information, medical referrals, assistance with Medicare and MediCal benefits, legal referrals and emergency financial assistance for utilities, rental assistance, transportation, etc. IASCA also partners with On Lok Senior Health Services to serve elderly and frail elderly Italian-Americans in the San Francisco's North Beach community through On Lok's Day program and On Lok's Housing facility on Montgomery Street. IASCA also sponsors cultural events and recreational activities for seniors.

Funding Request

IACSA requests a grant of \$225,000 to fund an endowment. Income from the endowment would be used to augment the organization's Financial Assistance Program, which pays the cost of utilities, housing, transportation and other essentials for clients on an emergency basis. Grant funds would be used to subsidize the cost of prescription drugs and vitamins if essential for clients who are facing short-term crisis situations allowing time to find longer-term solutions. Funds would pay only for direct costs and no overhead expenses would be charged. If sufficient funds were not available to fund an endowment, IASCA would subsidize the cost of prescriptions and vitamins until the grant funds were exhausted.

Type of Organization: 501(c)(3), Private Operating Foundation.

Most Recent Financial Information Submitted: Financial Statement for Year Ending December 31, 2002.

Site Visit Conducted: January 14, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Mama's Kitchen
 San Diego, California**

Established in 1990, Mama's Kitchen (MK) is a nonprofit organization that provides meals to individuals affected by HIV and AIDS. In 2003, MK provided 380,000 meals and 3,200 grocery bags to clients throughout San Diego County. Every weekday afternoon, MK's Hot Meals Program delivers a hot dinner and a breakfast and lunch for the following day. The Friday delivery also includes meals for Saturday and Sunday. MK's meals provide 100% of the daily nutrition recommended by the American Dietetic Association for people with AIDS. MK's Grocery Bag Program delivers weekly grocery bags to a number of AIDS service agencies who then distribute the bags to clients or when appropriate MK delivers to clients' homes.

Approximately half of MK's clients are Latino and African American and over 95% have incomes below the federal poverty level. MK serves people who have AIDS, those who are HIV-symptomatic, parents who are HIV-positive with young children at home and the dependent underage children of parents with AIDS. Currently, MK's Daily Hot Meals Program serves about 325 clients per day. The Family Grocery Bag Program serves an additional 70 clients per week. MK's clients include about 80 children, most of whom are less than 13 years old.

In addition to its Daily Hot Meals Program and Family Grocery Bag Program, MK, in February 2004, began operating Mama's Pantry, a food pantry for low income clients with HIV/AIDS who are sufficiently healthy to come in once a month to pick up a bag of food staples. MK estimates that Mama's Pantry will serve 300 to 350 clients per month.

Funding Request

MK requests a grant of \$100,000.¹ MK states that the funds will be used exclusively to pay for food for the Daily Hot Meals Program, Family Grocery Bag Program and Mama's Pantry. No funds will be used for salaries, administration, fundraising or overhead. At an average cost of about \$4 per meal, a \$100,000 grant would cover the cost of about 25,000 meals.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Year Ending December 31, 2002.

¹ MK's application was submitted as part of a consortium with Project Open Hand (San Francisco) and Project Angel Food (Los Angeles). The consortium requested \$300,000 to be divided equally among the three organizations. Site visits and other due diligence were conducted for each organization.

Site Visit: Conducted on February 2, 2004.

Vitamin Cases Consumer Settlement Fund Summary of Grant Application

**Applicant: North of Market Senior Services
(dba Curry Senior Center)
San Francisco, California**

North of Market Senior Services (NMSS) is a nonprofit organization that provides medical and social services to low-income seniors living independently in the Tenderloin-South of Market Area of San Francisco. NMSS states that about 13,000 adults over the age of 60 live in this area. The majority of seniors live alone and men outnumber women by almost 2 to 1. About 10% of seniors are homeless. NMSS serves about 1,300 seniors reflecting these demographics.

NMSS provides the following services:

- A mealsite that serves breakfast and lunch every day of the year.
- A substance abuse program offering counseling and referral to adults over 55. (This was the first program in San Francisco to recognize that seniors were facing alcohol and drug problems.)
- Case management for seniors who need help with financial, legal, housing and other problems.
- Adult day health centers for chronically ill adults in locations both north and south of Market Street.
- Socialization and education programs to reduce isolation, outreach to new immigrants, classes in English as a second language and citizenship.
- Translation services (eight languages).
- Geriatric mental health services.

NMSS states that in most cases, their clients' only income is from SSI with perhaps a small pension. Many live in one-room apartments, usually with no private bathroom or kitchen. About 10% of the clients are homeless at any given time. Many clients have medical and/or social problems that are more severe than the average population due to neglect in early years.

Funding Request

NMSS requests a grant of \$25,000 to support its Breakfast Program for seniors. Every day of the year, the organization serves a light breakfast (tea, coffee, fruit, juice, toast, cereal) to about 60 seniors (sixty years of age and above). This is often the first meal they have had since lunch the day before as few have kitchen facilities and many are too fearful to leave their rooms for dinner.

The cost of the Breakfast Program is \$8,000 per year (less than 40 cents per meal) for food, beverages and paper goods. There are no other costs as volunteers prepare and serve the meals.

NMSS receives no government funds for the Breakfast Program. A \$25,000 grant would cover the cost for this program for about three years.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Year Ended June 30, 2003.

Sit Visit: Conducted on January 29, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: On Lok Day Services
San Francisco, California**

Established in 1989, On Lok Day Services (OLDS) is a nonprofit organization that provides nutritional and social services to seniors in San Francisco. OLDS also operates in conjunction with Wu Yee Children's Services, a non-profit childcare provider. Together, they operate an inter-generational program called "Generations" which encourages shared learning experiences between young children and seniors.

The proposal is on behalf of On Lok's 30th Street Senior Services (30th Street). Pre-dating OLDS, the 30th Street Senior Services was established in 1979 when a group of Latino seniors requested a room for their club at the 30th Street building (located at 30th and Church Streets in San Francisco). OLDS became the sponsor of 30th Street in 1995. Currently, 30th Street provides the following services:

Nutrition Program: Provides over 168,000 meals to about 3,100 seniors in the following ways:

- (a) The 30th Street Dining Room serves 1,400 seniors and has two daily seatings Monday through Saturday. For many of the seniors, this is the only hot and nutritious meal they will eat a day.
- (b) Home Delivered Meals Program delivers 60,000 prepared meals to 375 homebound seniors who live in predominantly ethnic and low-income neighborhoods. The program delivers meals Monday through Saturday with a frozen meal for Sunday. The 30th Street program is one of two programs in San Francisco that prepares "therapeutic" meals for individuals on special diets. Half of the home delivered meals are now therapeutic.
- (c) The Congregate Meals Program prepares and delivers 53,000 hot meals five days a week to six communal dining rooms in San Francisco. This program serves about 1,300 seniors annually.

Senior Center: Helps seniors remain active by providing a number of activities including exercise, health screening, language classes, citizenship classes and legal consultation.

Bilingual Case Management Program: Connects seniors who are frail, homebound, face language barriers, or otherwise have difficulty obtaining needed support with case managers who coordinate their care and put them in touch with the appropriate community services.

In total, 30th Street serves 5,400 seniors a year (mostly from the Outer Mission, Noe Valley, Bernal Heights, Glen Park, St. Mary's Park, Potrero Hill, Portola and Bayview neighborhoods in southeastern San Francisco). Sixty-seven percent are Latino, 19% Caucasian, 10% Asian and 1% African American. Half are frail and 55% have incomes less than \$10,000 per year. The average age is 78 years old. Clients often have at least three chronic health conditions and a marked decrease in functioning. Since 1995, the number of seniors served by 30th Street has grown by 35 percent. For most seniors, the Nutrition Program is their first contact with On Lok after which they become familiar with and begin using the other health and social services available.

Funding Request

OLDS requests a grant of \$145,000 for its 30th Street Nutrition Program promoting the nutrition of about 3,100 seniors in San Francisco.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financials Submitted: Financial Statement for Year Ended June 30, 2003.

Site Visit: Conducted on January 14, 2004.

Vitamin Cases Consumer Settlement Fund Summary of Grant Application

**Applicant: Project Angel Food
Los Angeles, California**

Founded in 1989, Project Angel Food (PAF) delivers meals and provides nutritional counseling to over 1,000 individuals with HIV/AIDS. A nutritional assessment, conducted by a registered dietician is part of the intake process. PAF's meals are prepared at its kitchen in West Hollywood by professional chefs and volunteer assistants and delivered to clients' homes throughout Los Angeles County. In 2003, PAF prepared and delivered 370,858 meals averaging 1,028 meals per day.

PAF's meals are specifically prepared to provide meals high in complex carbohydrates and protein. It also provides individualized menu variations created by its registered dieticians to accommodate special dietary needs due to illness and/or medications such as diabetic, dairy-free, renal, vegetarian, etc. Depending on the client's health, a PAF volunteer delivers meals daily between Noon and 3:00 PM or makes a weekly delivery of frozen meals. PAF provides all services free of charge to its clients.

PAF's clients are 61% people of color, 82% live on less than \$1,000 per month and nearly one-third report that PAF provides their primary source of food. Recently, PAF expanded its program to provide meals to people homebound and disabled because of any serious illness in addition to serving people with HIV/AIDS.

Funding Request

PAF requests \$100,000 for general operating support for its Home Delivered Meals Program.¹ PAF delivers an average of 1,028 meals per day throughout Los Angeles County. At an average cost of about \$5 per meal, a \$100,000 grant would fund approximately 20,000 meals.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Audited Financial Statement for Fiscal Year Ended June 30, 2003.

Site Visit: Conducted on February 3, 2004.

¹ PAF's application was submitted as part of a consortium with Project Open Hand (San Francisco) and Mama's Kitchen (San Diego). The consortium requested \$300,000 to be divided equally among the three organizations. Site visits and other due diligence were conducted for each organization.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Project Open Hand
San Francisco, California**

Established in 1985, Project Open Hand (POH) provides home delivered meals, groceries and nutrition counseling to people living with HIV/AIDS, congregate lunches and nutrition education to seniors and meal service for homebound and critically ill people under the age of 60.

- For clients with HIV/AIDS, POH provides a three-tiered system of home delivered meals, weekly fresh groceries from its Grocery Centers and nutrition education and counseling.
- Beginning in 1998, POH began providing congregate, daily hot lunch service to seniors and nutrition education at over 20 senior lunch sites throughout San Francisco.
- In 2000, POH expanded its home delivered meal service to the homebound critically ill under age 60. The organization now serves anyone who is homebound and suffering from any critical or debilitating illness such as cancer, diabetes or severe arthritis. POH also delivers meals to post-operative clients and those undergoing chemotherapy or radiation therapy as well as pregnant mothers on medically required total bed rest.

In total, POH serves over 7,500 clients annually in San Francisco and Alameda counties, serving 1,800 meals per day, 365 days of the year. More than 90% of POH's clients have an income of less than \$900 per month, 47% are people of color, more than 70% depend on the agency for three-quarters of their food, and 85% are under or uninsured.

Funding Request

POH requests a grant of \$100,000 to provide general operating support program for one-year.¹

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Fiscal Year Ended June 30, 2003.

Site Visit: Conducted on November 19, 2002.

¹ POH's application was submitted as part of a consortium with Project Angel Food Los Angeles) and Mama's Kitchen (San Diego). The consortium requested \$300,000 to be divided equally among the three organizations. Site visits and other due diligence were conducted for each organization.

Vitamin Cases Consumer Settlement Fund Summary of Grant Application

**Applicant: Public Health Institute
Berkeley, California**

Established in 1964, the Public Health Institute (PHI) is a nonprofit organization that promotes health, well being and quality of life for all people through research, evaluation, training, technical assistance, and community partnerships. PHI's projects include the Technical Assistance Legal Center which provides free legal and technical assistance to communities seeking to restrict tobacco advertising and promotions, limit tobacco sales or divest themselves of tobacco-related stock. The organization has also provided technical assistance to local governments on the duties of public officials in controlling tuberculosis. PHI's largest program is the California Cancer Registry which collects information on cancer cases and makes data available to researchers and epidemiologists.

Funding Request

PHI requests funding in the amount of \$500,948 over eighteen months. The funding would be used to provide legal and technical assistance to nutrition and physical activity advocates, school and parent associations, municipal attorneys, elected officials and other interested parties in the following issue areas:

1. ***Advertising Controls.*** Legal assistance in interpreting *Lorillard v. Reilly*, 553 U.S. 525 (2001) and advising which, if any, advertising control strategies for food and beverage advertising directed toward children would be legally viable.
2. ***Land Use.*** Legal research and assistance in using land use processes to improve access to nutritious food and/or more space for recreational uses (including explaining how public health advocates can become involved in land use decision-making, drafting model ordinances, etc.)
3. ***School Food and Beverage Contracting.*** Legal research and assistance to enable students, parents and public health advocates to participate in schools' contracting decisions for food and beverages (including how to negotiate new contracts and amend existing contracts to maximize economic benefits to the school while promoting healthy food choices for students).

PHI will follow the staffing model used for its tobacco control project which involves a full time Legal Director, three Staff Attorneys each at 25% time, one paralegal at 50% time and \$58,000 over the 18-month project for consulting law professors and private attorneys specializing in municipal, First Amendment, land use and public contracting law.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Year Ended December 31, 2002.

Site Visit: Conducted on January 22, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Sacred Heart / St.Dominic Elementary School
San Francisco, California**

Until 2003, Sacred Heart School (founded in 1906) and St. Dominic School (founded in 1929) were neighboring schools in San Francisco's Western Addition. In May 2003, the schools merged to form Sacred Heart/St. Dominic Elementary School (SH/SD), which currently has an enrollment of 275 students in grades K-8.

Seventy-nine percent of the school's students qualify for government subsidized free lunch program, 16% qualify for reduced lunches. Seventy percent of students are African-American, 9% Filipino, 10% multi-racial, 6% Hispanic, 3% Caucasian, 1% Native American, 2% other. Over 80% are not Catholic. While the majority of students live in San Francisco, because of high housing costs, 38% of the students live in Alameda, Contra Costa, San Mateo and Solano counties and commute to school with parents who work in the City.

SH/SD is led by a Strategic Planning group consisting of business people, four Catholic priests and educators from private and public education. The group developed the merger plan and its members are involved in the school's day-to-day operations.

Funding Request

SH/SD requests a grant of \$100,000 to upgrade its kitchen/cafeteria facility at the St. Dominic site. Located in the basement, the kitchen and cafeteria has been serving hot lunches to students since the early 1970s. When the facilities were constructed, government funds were available to help pay for furniture, fixtures and equipment. Since then, St. Dominic has paid for maintenance and repairs and to replace the refrigerator and freezer when needed. However, budget constraints have not allowed the school to upgrade the kitchen or cafeteria in the past 30 years and currently there are no sources of funding for these improvements. SH/SD states that funds will be used to upgrade the kitchen, (including plumbing & electrical, purchase new appliances, new cabinetry and food storage and purchase new tables and chairs for the cafeteria).

Type of Organization: Currently, SH/SD is receiving contributions to Friends of Sacred Heart, a 501(c)(3), Public Charity. It is planning to change the name to reflect the merger of the two schools.

Most Recent Financial Information Submitted: Budget for Fiscal Year Ending June 2004, Financial Statement for Period July 1, 2003 through January 31, 2004.

Site Visit: Conducted on January 29, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: St. Anthony Foundation
San Francisco, California**

St. Anthony's Foundation (SAF) is a not-for-profit corporation organized by the St. Barbara Province of the Order of Friars Minor. The purpose of SAF is to administer funds and property to be used for charitable, religious and educational purposes in the San Francisco Bay Area. SAF provides the following services:

Basic Service: For more than 50 years, SAF has provided basic services for people who have no other resources including a meal, clothing and health care.

Social Services: Counseling, case management, shelter/housing, and supplemental food to people who are poor and homeless.

Rehabilitation Services: Residential drug and alcohol rehabilitation for homeless men and women, employment training and job placement for those who are unemployed.

Justice Education Services: Community education on issues of poverty, homelessness and economic justice through public presentations, volunteer opportunities, reflections and discussions.

Funding Request

SAF requests a grant of \$569,630 for the purpose of purchasing commercial kitchen equipment. Located in the Tenderloin District of San Francisco, St. Anthony Dining Room serves an average of more than 2,000 meals per day. The building where the dining room is housed is about 100 years old. The dining room is housed in a former auto repair shop that has been modified several times over the past 50 years.

The building is now in need of seismic retrofitting and the dining room needs to be upgraded to continue to serve St. Anthony's clients. SAF has purchased a property across the street from the current site at 121 Golden Gate Avenue. At our site visit, SAF stated that it plans to temporarily move its kitchen and dining room to the new property while the present site is gutted, retrofitted and new, permanent kitchen and dining room is constructed. SAF states that it is in the process of completing a capital feasibility study and hopes to begin its initial fundraising efforts for the new building project within the next three to six months.

Type of Organization: 501(c)(3), Church.

Most Recent Financial Information Submitted: Financial Statement for Year Ended June 30, 2003.

Site Visit: Conducted on January 20, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Senior Meals and Services Inc.
Garden Grove, California**

Established in 1987, Senior Meals and Services (SMS) is a nonprofit organization providing nutrition and social services to individuals over the age of 60 in Northwest Orange County (Garden Gove, Westminster, Los Alamitos, Seal Beach, Rossmoor, Midway City, Cypress, Stanton, Costa Mesa and La Palma). SNS conducts the following programs:

Congregate Meals: Provides meals for senior citizens at 10 locations within North Orange County.

Home Delivered Meals: Delivers meals to homebound, senior citizens in eight Orange County cities.

Case Management: Arranges services for seniors that will assist them to stay in their homes and maintain their independence.

Chores. Provides housekeeping and other chores for seniors who are physically incapable of performing these chores for themselves.

Shared Housing. Offers a housing option, which matches home providers with home seekers providing companionship, security, and financial assistance through shared living arrangements.

Friendly Visitor. Matches a volunteer with an isolated senior to provide social and emotional support.

In FY 2002-03, SNS served over 110,000 meals at its ten dining sites and delivered over 280,000 meals, provided 352 seniors with case management services, provided chore and housekeeping services to 164 seniors, served 250 seniors through shared housing program and matched 75 seniors with volunteer visitors.

Its congregate dining sites serve 950 to 1,000 seniors per day and its Home Delivered Meals Program delivers meals to 550 to 600 homebound seniors per day. Eighty-five percent of the seniors in the Congregate Meals Program are over 70 years of age. In the Home Delivered Meals Program, 44 seniors were born before 1910, 201 were born in the 1920s; over 70% are female, most live alone. On average, homebound clients use eight prescription medications. Many SNS clients have low to moderate incomes (\$13,800 to \$23,050 per year).

Funding Request

SNS requests a grant of \$240,000 to support its Home Delivered Meals Program.¹ The funds would be used to cover the cost of (1) raw food and containers for 56,650 meals (\$100,000), (2) purchase of Liquid Supplements 64,700 units, regular and diabetic for daily use (\$70,000), and (3) provide individual, in-home nutritional consulting to clients (\$70,000). SNS states that because the population is aging, there is increasing demand for home delivered meals especially for clients with special dietary needs.

SNS will survey Home Delivered Meals clients to determine whether chronic conditions and medications used require modified diets. The Dietician and Food Service Manager will develop and monitor special diets for clients. SNS estimates that about 50% of its clients will require special diets. SNS also estimates that about almost half of its Home Delivered Meal clients need liquid supplements because of multiple medication use and malabsorption.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Year Ended June 30, 2003.

Site Visit: Conducted on February 3, 2004.

¹ SNS delivers meals to about 1,100 seniors each year.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

Applicant: San Joaquin County Child Abuse Prevention Council
Stockton, California

Established in 1978, the San Joaquin Child Abuse Prevention Council (Council) is a nonprofit organization that provides programs to prevent or intervene in cases of child abuse and neglect in San Joaquin County. These programs include the First Step Children's Center and Crisis Nursery, which provides no-cost emergency childcare that accommodates caregivers in crisis on a drop-in basis. The Center provides lunch, snacks, donated clothing, has an educational curriculum, and works with social workers, health care providers, education and special needs specialists and domestic violence service organizations. Over 85% of the Council's clients have incomes below the poverty line, 95% are single mothers and 33% are non-English speaking.

Funding Request

The Council requests a one-time grant of \$100,086. The funds will be used to pay to equip a new kitchen at the First Step Children's Center and Crisis Nursery's (Center) new facility at 540 North California Street in Stockton. For the past several years, the Center has been working on refurbishing a building in downtown Stockton that will have a capacity of 150 children. When completed, the new building will house the Center's, classrooms, related social service and health care agencies. The Center is currently housed on the campus of California State University, Stockton and has a capacity to accommodate 50 children.

Funds would be used to purchase and install commercial appliances, sprinklers, dining room furniture, sinks and cabinetry, lighting, etc. The kitchen will serve lunches and snacks to the children in the Center and eventually serve up to three meals a day for families in the emergency housing facility which will be located on the second floor of the building.

Type of Organization: 501(c)(3), Public Charity.

Most Recent Financial Information Submitted: Financial Statement for Fiscal Year Ended June 30, 2003.

Site Visit: Conducted on March 4, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Sonoma Valley Hospital
Sonoma, California**

Sonoma Valley Hospital (SVH) is a not-for-profit hospital serving a population of approximately 41,000 people in the Sonoma Valley. Established in 1946 as the first district hospital in California, it provides the only local access to emergency and acute inpatient care in the Sonoma Valley. Currently licensed by the State of California for 83 beds, SVH provides medical-surgical care, obstetrics, intensive care and a full range of ambulatory services. In addition, SVH provides restorative care through its skilled nursing unit, home care program and outpatient rehabilitation center. SVH is owned and operated by Sonoma Valley Health Care District, a political subdivision of the State of California organized under the Local Hospital District Law in the Health & Safety Code. The District is governed by a board of directors whose five members are elected.

Funding Request

SVH requests \$34,190 from the Vitamin Consumer Trust Fund to be used as follows:

\$32,550 for kitchen equipment (for food preparation and delivery). Dinex meal delivery system, (heating system, plate covers, carts), stove, food processor, work table, blender, mixer, refrigerator, automatic slicer. Much of the current kitchen equipment is old, outdated and inefficient. SVH provides three hot meals to 25 to 45 patients daily.

\$1,120 for adaptive dining furniture and feeding equipment for patients in PVH's skilled nursing facility. This equipment includes a height-adjustable table with recessed sides that allows access for wheelchair users and specialized plates, cups and utensils to assist patients who have trouble with standard dinnerware because of upper extremity weakness, tremors, visual deficits and or swallowing disorders.

\$520 for cooking equipment for educational use. (toaster oven, hot plate, small blender, small set of cookware, cookbooks, table décor, educational materials). SVH requests a small amount of funding to allow it to hold small group classes to educate patients and their families about specialized diets and ways to prevent malnutrition and dehydration which are common among elderly patients.

Type of Organization: Special Healthcare District.

Most Recent Financials Submitted: Financial Statement for Fiscal Year Ending June 30, 2003.

Site Visit: Conducted on February 4, 2004.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Strategic Alliance to Prevent Childhood Obesity
Prevention Institute
Oakland, California**

Prevention Institute is a nonprofit organization established in 1977 that develops methodologies and strategies to strengthen and expand prevention efforts including fitness, nutrition, child and adolescent health, injury and violence prevention and other health issues. The Institute is one of the founding organizations and sponsor of the Strategic Alliance to Prevent Childhood Obesity. Established in 2001, the Strategic Alliance to Prevent Childhood Obesity (Alliance) is a collaboration of seven organizations that advocate for policies and practices that support healthy eating and physical activity for children.¹

Funding Request

The Alliance requests a grant of \$3.165 million over three years to conduct the following activities:

- Develop and implement a coordinated overall strategy that will mobilize consumers around nutrition policy issues;
- Implement a statewide leadership training program to build the capacity of local leadership to mobilize their communities to support nutrition-related changes;
- Conduct research, synthesize and disseminate information about the impact of industry and government practices and policies on eating behavior, food quality and food access;
- Develop and implement statewide campaigns directed at changing specific industry, institutional or government policies that influence the nutrition policy environment and
- Evaluation of Alliance efforts.

Type of Organization: 501(c)(3), Public Charity

Most Recent Financial Information Submitted: Financial Statements for Fiscal Years Ending September 30, 2002.

¹ The founding members of the Alliance are California Adolescent Nutrition and Fitness Program (CANFit), California Center for Public Health Advocacy, California Project LEAN, California Food Policy Advocates, California WIC Association, Prevention Institute and Samuels & Associates.

Site Visit: Conducted on January 9, 2003.

**Vitamin Cases Consumer Settlement Fund
Summary of Grant Application**

**Applicant: Volunteer Legal Services Program
Bar Association of San Francisco
San Francisco, California**

The Volunteer Legal Services Program (VLSP) was established in 1977 by the Bar Association of San Francisco to provide free legal and social services to low-income individuals and families in San Francisco. Currently, VLSP has 14 projects that assist nearly 30,000 clients annually. These projects include the Homeless Advocacy Project which helps clients who are homeless or at risk of homelessness to obtain or remain in housing by obtaining access to supportive housing, health care and counseling as well as helping them overcome barriers to employment and obtaining public benefits.

Funding Request

VLSP requests a grant of \$100,000 for its Homeless Advocacy Project. The funds would be used as follows:

A. Food Stamps and SSI Advocacy (\$80,000)

Eighty thousand dollars would be used to help individuals apply for Food Stamps and SSI benefits. VLSP states that more than 60 percent of individuals eligible for Food Stamps are not receiving this benefit. It also states that Supplemental Security Income (SSI) includes funds for food but there are thousands of individuals in San Francisco who are eligible for SSI and not receiving those benefits.

VLSP states that applications for Food Stamps and SSI are long and confusing. As a result, when individuals apply for the benefits on their own, only a small percentage are actually approved. When assisted by Homeless Advocacy Project staff and volunteers, the success rate increases to 85%. In 2003, the project assisted 464 clients with SSI benefits and about 200 clients with Food Stamps.

VLSP's request would cover the costs for one year associated with a full-time Client Advocate (paralegal), supported by a social worker and two supervising attorneys (each 10% time) who would conduct outreach to applicants, recruit and train volunteers, and assist and serve as advocates for applicants. With this staffing, VLSP states that it would be able to assist an additional 150 clients and provide information to an additional 500 clients.

B. Nutrition Planning Grant (\$20,000)

Twenty thousand dollars would be used to identify ways to improve the nutrition and eating habits of the homeless/indigent population.

Type of Organization: 501(c)(3), Public Charity.

Latest Financials Submitted: Financial Statement for Year Ended December 31, 2002.

Site Visit: Conducted on January 20, 2004.